

## Portion Sizes and School-Age Children

# Evaluate the Plan

Track your progress - transfer the strategies or steps from your **Action Plan** to this form. Make a note when you achieve each of the strategies or steps in your plan. Your team may need to revise the plan as you go along to make sure you accomplish your objectives. Don't forget to celebrate your successes!

Strategies or Steps	Strategies or Steps Achieved		Modified Strategies or Steps: Action required for strategies or steps not achieved
	Yes	No	